

Living

ESSEX

OCTOBER 2023 • LIVING-MAGAZINES.CO.UK • A NEWSQUEST PUBLICATION • COMPLIMENTARY

KARREN BRADY

West Ham vice-chair talks sexism and taking it easy

20

Fun days out for a spooky October

Inside

HOMES & GARDENS
ARTS & CULTURE
STYLE & WELLNESS



SIMONE THOMAS

Wellness guru joins Living UK

PROPER PUKKA!

JAMIE OLIVER'S BACK WITH A NEW 5 INGREDIENTS COOKBOOK...
AND IT'S ALL THANKS TO JOOLS



GARDEN DESIGN DIRT

Why the garden is the new heart of the home

BY KATRINA KIEFFER-WELLS OF EARTH DESIGNS



In days gone by, cooking outdoors meant barbecues and campfires. Today this has expanded to include everything from fire pits to pizza ovens, smokers and even outdoor kitchens. As garden designers, we're now frequently asked to include an outdoor kitchen in our designs, but what's the appeal? And what will they add to your home?

Outside is the new inside

Lockdown brought home how essential time outdoors can be. And ever since we've become determined to make the most of whatever green space we have.

This renewed love of the outdoors has contributed to an explosion in outdoor design. All the fun accessories and design details that you'd expect to find inside your home are now available for outdoors too. Designer furniture, lighting, paints in trending colour palettes, decorative tiles and soft furnishings.

Advances in technology have also meant that metal, wood and stone can be cut in more decorative ways. Materials and finishes have become more interesting and luxurious. And now outdoor cooking has followed suit, with a designer makeover of its own. ➔



Bye, bye BBQ. Hello designer kitchen

You can now have a kitchen good enough to cook an entire meal outdoors in much the same way as you would inside. No longer does the chef need to be stuck indoors at the stove, or sweating over a smokey BBQ. You can chop, cook and chat in the fresh air, then move seamlessly from outdoor cooking to outdoor dining. And to top it off, the revamped outdoor kitchens look amazing, with sleek worktops and luxury finishes that enhance the whole look of your garden.

Where is the heart of your home?

Alongside our rediscovery of outdoor spaces, we're beginning to appreciate the social and emotional (not to mention financial) value of a well-designed garden. Gardens are places that bring us joy through simple pleasures. Providing an escape from busy lives and a space to enjoy the company of family and friends. It makes sense then, that the kitchen - the heart of the home - joins us in the fresh air.

.....
For more garden design inspiration, contact award-winning Earth Designs, proud members of the British Association of Landscape Industries and the Association of Professional Landscapers.
info@earthdesigns.co.uk
01702 597587

